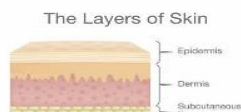


GOOD NEWS SUNDAY FAIRFIELD

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3rd edition – November 15, 2020



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This is our 3^d edition of Good News Sunday Fairfield. We want to continue bringing you good and heartwarming stories in these difficult times.

A man in California donated 25,000 baseball cards to a 9 year-old who lost her baseball card collection in a wildfire. This is so kind and inspiring.

On November 7, Chris Nikic (21 years old) who has down syndrome finished ironman in Florida. Ironman is a triathlon where you have to swim 2.4 miles, do a 112-mile bike ride, and a 26.22-mile run or marathon. Chris won in 16 hours 46 minutes and 9 seconds the limit is 17 hours. He got the Guinness world record for this. The special Olympics also congratulated him. This shows if you believe you can do it and don't give up you can do it.

A Florida food bank has set a goal to donate 9,000 turkeys by thanksgiving. That is so sweet and the people who get them will be so happy.

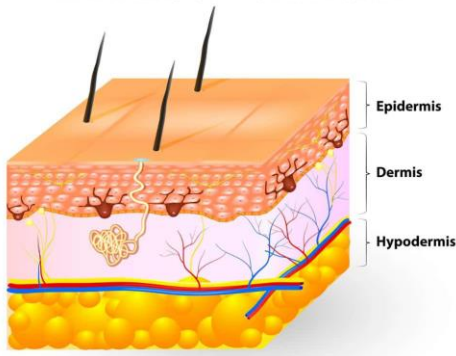
Today is the launch date for crew-1 the first official commercial crew program. YAY! Crew-1 will bring America's Mike Hopkins, Victor Glover and Shannon Walker and Japan's Soichi Noguchi. This is exciting, right? They will stay on the ISS for 6 months on a scientific journey. The station will have one more person than usual so that's a plus. Stay tuned throughout the day for the launch.
11 days until Thanksgiving!

GOOD NEWS SUNDAY

Research – Skin

Your skin is the largest organ in your body. Billions of tiny cells are in your skin. Your skin is the first line of defense from germs, it blocks a lot of germs. Your skin prevents burse and cuts from damaging other organs. Your skin is thicker on palms and soles {bottom of your feet.}

THE LAYERS OF HUMAN SKIN



Human skin has 3 layers.

- #1 epidermis
On the bottom of the epidermis new skin cells are made, after a month the cells push up and die.
- #2 dermis
Dermis has: Hair follicles-where hair grow, fibers and sweat glands- provides sweat.
- #3 hypodermis
Made mostly of fat. Hypodermis stores body heat. Melanocytes make a pigment called Melanin It makes skin color. If there is more Melanin you have darker skin. If there is less Melanin lighter skin. If there is more sun light on you then more Melanin and your skin is darker.

Fun fact: the top layer of your skin is made up of dead cells, more than 2 billion a day fall

Take care of your skin by drinking water using sunscreen and eating healthy.

GOOD NEWS SUNDAY

If you don't know how to play sudoku you can find the instructions online.

	2		5		1		9	
8			2		3			6
	3			6			7	
		1				6		
5	4						1	9
		2				7		
	9			3			8	
2			8		4			7
	1		9		7		6	

Unsolved Sudoku

4	2	6	5	7	1	3	9	8
8	5	7	2	9	3	1	4	6
1	3	9	4	6	8	2	7	5
9	7	1	3	8	5	6	2	4
5	4	3	7	2	6	8	1	9
6	8	2	1	4	9	7	5	3
7	9	4	6	3	2	5	8	1
2	6	5	8	1	4	9	3	7
3	1	8	9	5	7	4	6	2

Solved Sudoku

Riddles

Q. Within, I clean all that is bad and is old. I make juice that's the color of yellow. Should I die, a filter machine would you need assembled to replace me and beans I resemble.

What am I?

Q. Name a English word of more than 2 letters that both begins and ends with the letters "he" in that order, there are two possible answers. What are they?

Answers on the bottom of the announcement page.

GOOD NEWS SUNDAY

We are proud to announce our first corporate sponsor: Luken + Co

Luken + Co is a lifestyle brand offering bags and accessories that are affordable, stylish, and easy to care for. Online retail store launching 11/26.

We have used Luken + Co bags to deliver Good News Sunday Fairfield and we find them fashionable, reliable, and sturdy. They are made with organic and recycled cotton.

www.lukenandco.com Instagram: @lukenandco Facebook: Luken and Co

LUKEN + *co*

HEALTHY LAWN

Hurry...hire us. The next town leaf pick-up is on Nov.16, Nov.30 and Dec.7

Our price? Only \$3.00/bag if we bring the bag/\$2.50 if you provide the bag! Let us know when we can come by and get your leaves bagged! We are at

goodnewssundayfairfield@gmail.com



**Supplies
On
Their
Desk**

Thank you for the suggestions and pledges. We continue to welcome them and soon we will be set-up to also take donations. Supplies on their desk is about helping kids who don't have supplies to learn well in the Beiradao, Moju, Brazil and in Bridgeport, CT. If you or anyone you know has experience in running or starting a non-profit or if you have suggestions and pledges email us at

suppliesontheirdesk@gmail.com

ABOUT US

We hope you enjoyed this paper. Prepared by Sofia (8) and Luke (11). If you like this, if you want to receive in digital format or if you don't want to receive it all, please let us know. If you see good news please email us the story. Want to place an ad? We are at goodnewssundayfairfield@gmail.com. Have a great Sunday!

Riddle answer: a) A kidney. b) Headache or Heartache