

# GOOD NEWS SUNDAY FAIRFIELD

READ. LISTEN. SUBSCRIBE. SHARE.

[www.goodnewssundayfairfield.com](http://www.goodnewssundayfairfield.com)

[goodnewssundayfairfield@gmail.com](mailto:goodnewssundayfairfield@gmail.com)

[Good News Sunday Fairfield • A podcast on Anchor/Spotify](#)

52<sup>nd</sup> edition – December 19, 2021



GOOD NEWS PAGE 1

RESEARCH PAGE 2

BRAIN POWER PAGE 3

ANNOUNCEMENTS PAGE 4

This is our 52<sup>nd</sup> edition, bringing you good news, inspiring stories, and useful information.

The holidays are about giving not about receiving. Here are a few ways to change someone's life this holiday season.

Toys For Tots is an organization that helps kids who are less fortunate and their parents don't have enough money to buy them gifts for the holidays. Toys For Tot makes the holidays even better by giving kids who don't have toys the chance to have a holiday full with gifts. More than 604 million toys have been donated. Bridgeport has had more than 5,310 toys given out to kids. You can donate toys to the Bridgeport Toys For Tots by going to [Marine Toys for Tots](#). For every toy you donate another big smile goes across a kids face. When you donate you also feel happy, and you make others happy.

Make-a-wish is an amazing organization that helps kids who have life-threatening illnesses or diseases have their wishes come true. Make-a-wish helps kids get their wish that they wanted for a while fulfilled by donations from thousands of people and organizations. Make-a-wish also gets kids wishes filled from volunteers and fundraisers. To donate to make-a wish go to [Donate - Make-A-Wish](#). A wish is filled almost every 35 minutes. Around the 1980s Christopher James Greicius was 7-years-old and had leukemia. He always wished he could be a Police Officer and his wonderful community made it happen and that is how make-a-wish started. Make-a-wish started with one wish and is now fulfilling thousands of kids wishes. To learn more, go to <https://wish.org/>.

Al's Angels is a local organization that helps families whose younglings have life-threatening illness and they are in financial hardships. It all started when Al went to an event to help families whose children were sick and they did not have enough money. After he heard their story's, he was determined to help. He thought that instead of families needing to beg for help they should always have someone who would be ready to help them. This holiday help Al's Angels to change someone's life. To donate and learn more go to [alsangels.org](http://alsangels.org).

### Christmas

This week will be about Christmas and its tradition. We will resume the Financial Literacy series when we come back on the 9<sup>th</sup> of January.

#### Christmas History

Before Christmas began people celebrated light during the darkest days of the winter. In Norse they celebrated Yule. Around the 21<sup>st</sup> of December they would bring in an evergreen into the house to remind them of life. They would then set logs on fire as a promise of good fortune. In ancient Rome a week before the winter solstice they celebrated Saturn their god of agriculture in a big week long celebration filled with food and drinks. Some Romans mostly soldiers and government officials worshiped Mythra their Sun god. This small but powerful group thought that the birthday of Mythra on the 25<sup>th</sup> was the most holy day of the year.

Soon these traditions were challenged as Christianity spread. No one knew the date of Jesus birth but since the Romans celebrated Mythra's birthday on the 25<sup>th</sup> they adopted that day to be his birthday. The church made it official in the 4<sup>th</sup> century. The Church knew that they would have to come to terms with some of the earlier traditions so they adapted them. The evergreens that were taken inside were decorated with apples symbolising the garden of eden. This was the precursor to ornaments. In the 4<sup>th</sup> century a loved bishop named Nicolas died. The day he died became known as saint Nicks day. On December 6<sup>th</sup> good kids would get presents. 1,500 years later in America Clement Clark Moore wrote a poem called the night before Christmas. The poem was about a saint named Santa Clause that had a sleigh pulled by reindeer and dropped down the chimney on Christmas eve and gave out presents. People didn't really know what Santa Clause looked like until Thomas Nast a cartoonist drew a cartoon of him. He was jolly and had a big white beard becoming an icon.

#### Christmas traditions Around the world

- In Japan they eat KFC chicken. They don't have a lot of traditions but this one of the things they do.
- In Germany, on the 5<sup>th</sup>, kids put their boots outside their room then in the morning find it full of sweets and small gifts.
- In Australia a scary monster named Krampus visits sick kids.
- In Poland they eat the main meal when the first star is visible. They eat 12 dishes to bring good luck for the next 12 months.
- In Mexico they celebrate Christmas from December 12<sup>th</sup> to January 6<sup>th</sup>. They also have Posada which is a procession for Children.

**Quote of the week.**

"The holidays are not about receiving it is about giving!"

- Sofia

"Christmas is not so much about opening presents, as opening our hearts!"

- No name

Name: \_\_\_\_\_

Created with TheTeachersCorner.net Word Search

**Christmas**

J	X	M	U	P	X	O	Q	O	D	T	C	N	A	G	Y	K	U	T	L
Y	J	M	Q	K	A	E	E	F	N	W	Z	T	U	D	Y	S	V	X	E
W	C	E	L	E	B	R	A	T	E	H	O	I	G	A	P	G	O	G	I
R	F	C	O	P	E	J	I	T	K	W	V	L	G	T	H	N	N	J	T
L	A	O	E	L	D	M	A	T	Y	S	V	T	C	Z	Z	I	S	A	D
F	C	H	R	I	S	T	M	A	S	T	R	E	E	P	M	T	X	J	J
U	C	R	H	O	B	A	F	M	F	X	M	Q	T	D	O	E	G	N	J
Z	K	H	O	Q	P	R	Q	N	O	W	Z	P	T	C	B	E	H	B	I
D	B	B	Y	O	N	O	J	Q	G	U	G	S	K	F	Y	R	B	M	M
S	S	S	O	I	U	B	Q	C	S	T	Z	I	F	E	B	G	O	U	L
Z	H	K	O	R	T	W	N	I	V	H	N	V	L	N	N	Y	D	U	Y
Y	A	D	I	L	O	H	Z	D	M	G	E	B	S	A	B	M	Y	M	S
Z	B	M	T	I	D	I	N	G	S	A	F	J	G	I	T	I	V	R	M
J	A	P	Q	G	B	Y	N	H	D	K	X	S	J	O	L	E	C	F	C
Q	B	P	C	A	J	N	O	E	L	R	B	G	N	U	M	Y	A	A	B
S	I	Z	Y	E	U	X	S	J	R	H	W	B	T	A	R	S	R	T	M
A	E	P	W	Z	K	G	A	Z	Y	N	G	K	Y	R	M	D	Z	B	W
U	K	Y	K	V	B	D	E	E	O	V	D	J	E	J	S	X	F	V	O
F	Y	P	M	J	Y	V	S	P	Y	B	V	M	J	U	I	J	M	V	F
R	W	F	Z	W	K	U	X	N	T	U	U	S	O	M	P	A	V	Z	V

CARDS  
HOLIDAY  
SEASON  
CHRISTMASTREE

CELEBRATE  
MERRY  
STOCKINGS

GREETINGS  
NOEL  
TIDINGS

## Announcements

### Thank you, holiday break and happy new year!



2021 has been a very trying and hard year but we learned a lot from it. Writing Good News Sunday Fairfield has taught us so much and we are so grateful for that. We love writing articles and interviews for you.

This is all made possible because of your readership and we want to thank you for that. You have enabled us to grow in ways we could have never imagined while providing you with a weekly newsletter.

We are taking a break for the holidays and will be back on January 9. Next year we hope to do much more and to expand to other areas.

We hope that 2022 is your best year yet.

---

### Would your business benefit from reaching lots of people in Fairfield?

If so, place an ad in our newsletter. For a small amount you can get lots of exposure to the Fairfield community and help us to continue bringing you good news. If you are interested, please email [goodnewssundayfairfield@gmail.com](mailto:goodnewssundayfairfield@gmail.com).

---

### **ABOUT US**

We hope you enjoyed this newsletter. Prepared by Sofia (10) and Luke (12). To subscribe, email us at [goodnewssundayfairfield@gmail.com](mailto:goodnewssundayfairfield@gmail.com). Follow us: @GoodNewsSundayFairfield, visit our website at [www.goodnewssundayfairfield.com](http://www.goodnewssundayfairfield.com) and listen to our podcast on Spotify, Apple, or wherever else you get your Podcast [Good News Sunday Fairfield • A podcast on Anchor](#)

Read, listen, follow and share – Good News Sunday Fairfield.

Enjoy the holidays, happy new year and we will be back on January 9<sup>th</sup>.

Have a great Sunday!