

GOOD NEWS SUNDAY FAIRFIELD

READ. LISTEN. SUBSCRIBE. SHARE.

www.goodnewssundayfairfield.com

goodnewssundayfairfield@gmail.com

[Good News Sunday Fairfield • A podcast on Anchor/Spotify](#)

61st edition – March 6, 2022



GOOD NEWS PAGE 1

RESEARCH PAGE 2

BRAIN POWER PAGE 3

ANNOUNCEMENTS PAGE 4

This is our 61st edition, bringing you good news, inspiring stories, and useful information.

This is the first Sunday in March. March is women's history month. We will be celebrating everyday women who are changing the world.

This week we will be celebrating Jacqueline Glick, a 9 year-old Fairfield resident who loves to bake and is an entrepreneur. She recently started her second business, Jac-o-pops. Her first business was Creative Coding.

Jac-o-pops is a company that sells lollipops that come in many flavors, has less sugar and is made from scratch. Jac-o-pops is founded and runed by Jacqueline.

Jacqueline knew at a very young age that she wanted to start her own company. Her aunt had a very successful company, and so did her cousin. These two people inspired her to make her own company. She thought about what she is good at. She loves to code and is good at it. That's how Creative Coding began. She wanted to teach kids how to code. Then she realized that her passion was to code and not to teach. Creative coding wasn't working out the best. She then started to think of what other business she could start.

Jacqueline loves to bake, then last year during a school project she learned lollipop was invented in CT. So she co-wrote a letter to CT government asking if lollipop could be the state candy. To learn more go to [Should The Lollipop Be CT's State Candy? Fairfield Class Says Yes | Fairfield, CT Patch](#) . Then she had the idea to create Jac-o-pops which is a combination of her name and the product she sells.

Jacqueline wants to expand and for more people to know what they are eating and have more natural flavors. Jacqueline hopes to keep Jac-o-pops as long as she can. To celebrate women's history month let's support this amazing local young woman. Order one of the delicious Jac-o-pops at jacqueline.glick@gmail.com.

Women's History Month

March is woman's history month. A month in which we celebrate what women have done for us.

Grace Hopper was born in December, 9th, 1906 and loved to teach. For ten years starting in 1941 she was a "collage mathematics professor." But the World War II happened and the army really needed more men to fight but there were not enough men so they started letting women serve and help them. So, she applied since she knew how to sail a boat but still got rejected. But got accepted again before the war ended. When she got in to work, she saw many big computers. She had to learn how to program the computers in one week so she could know where rockets would land. And when something went wrong, she spent a lot of time fixing it. After the war she worked at a private computer company. She helped translate computer code into human language and the other way around even though everyone told her to give up. But she did not and kept on working hard. When she and her team got straight to work and the news spread quickly. She changed the world.

Maya Angelou was born in April, 4th, 1928. She was an actor, filmmaker, writer, and activist. She was abused by her mother's boyfriend and sometimes she did not have a home so she lived with other homeless kids in junk yards. Even though she had a rough childhood she still managed to go along. In 1969 she wrote a book called I know why the caged bird sings. She got awards on acting and even got to read one of her poems in 1993 in Bill Clinton's inauguration. She was the first African – American and woman to get that honor. She also received the Medal Of Freedom from Barack Obama in 2010. She finished her last book in 2014 when she died at age 86.

Helen Keller was born in June, 27th, 1880 and had a rough childhood because she was deaf and blind. She was very young and very sacred so her mother hired a teacher for her. She found Annie Sullivan who also related to Helen because she lost some of her eye sight and grew up in an orphanage but still had a good education. Helen started to learn the manual alphabet and she started to learn new basic words like water, food, mother, father and so on. She also learned how to read with raised letters and braille and even learned how to type. When Helen grew older Annie and Helen stuck together and helped each other. Helen finally graduated from Radcliffe Collage in 1904 being the first blind and deaf person to graduate from university. She started writing many books and became a well known author. She even learned five languages and learned how to read and write in all those languages. Helen and Annie travelled the world telling their story. But Annie sadly passed away and Helen still went around telling her story and even met kings and queens! She died at age June, 1st, 1968.

Sally Ride was born May, 26, 1951 in LA and died July, 23, 2012. She was the First American woman to go to space. She also was very active and played many sports including tennis. She went to the Stanford University and got 4 degrees! Sally served on the committee investigating the Columbia accident after her future flight was canceled due to Columbia's accident. She then created her own company Sally Ride Science to help inspire girls and young women to pursue interests in math and science. She has inspired many people to make their dreams come true.

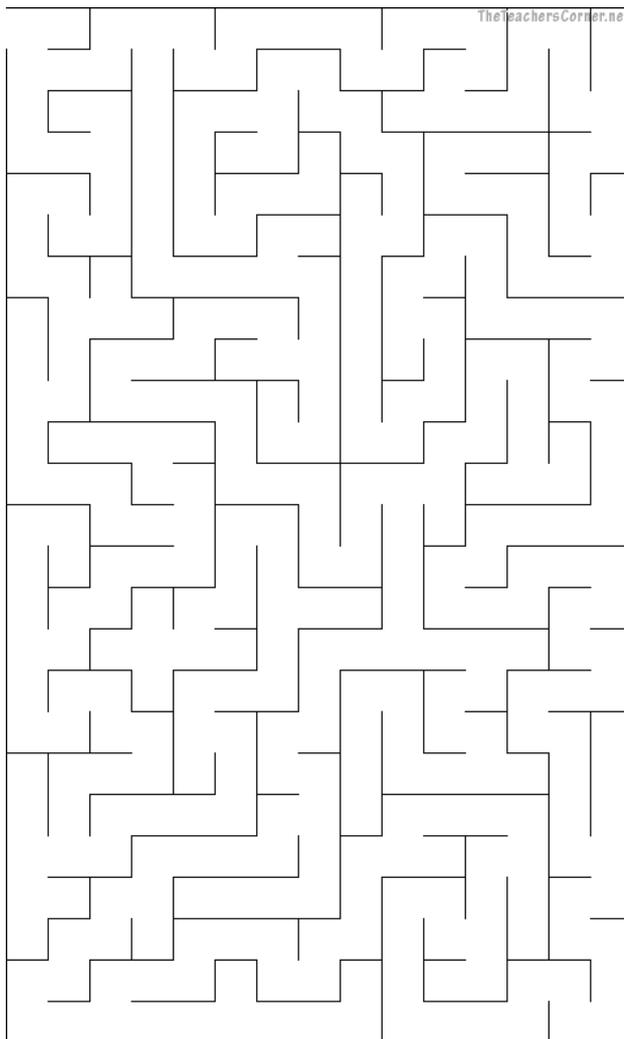
Quote of the week.

“Don’t be afraid to fail you can always try again”

- Jacqueline Glick

“A ship in port is safe, but that's not what ships are built for.”

- Grace Hopper



Try to unscramble the words.
ylasl edir eacrg phorpe
neehl lrlkee aamy uealgno

Announcements

Our hearts go out to the children and people of Ukraine. Let's support them. Here are a couple of places where you can help.

[UNICEF: Children in Crossfire of Ukraine Crisis | UNICEF USA](#)
[Ukraine Crisis Children's Relief Fund - Save the Children](#)

The Fairfield University is having a panel to discuss the invasion of Ukraine. The moderator is Kathryn Nantz PhD. Some of the panelists include David Schmidt PhD, Janie Leatherman PhD, David McFadden PhD and more. They all have experience in this and credible opinions. This is a Zoom webinar on March 9 at 2 p.m. To register for this event go to [Webinar Registration - Zoom](#).

Way back in 1973, Bob Marley wrote and performed Get up, Stand up. Today the message is more applicable than ever, but for a different reason. Although our bodies are biologically engineered to move, we are continually mandated to sit.

We are taught about sitting as early as grades K, when **sitting still** is rewarded. Many of us **learned to sit** before we learned our ABC's. Most Americans **sit more than 9.5 hours a day**.

Want to learn how to easily fit fitness into your current life? **Summer is coming- be ready!** Find-out more at [FitTraining.net](#) or contact me at Linda@FitTraining.net

Would your business benefit from reaching lots of people in Fairfield?

If so, place an ad in our newsletter. For a small amount you can get lots of exposure to the Fairfield community and help us to continue bringing you good news. If you are interested, please email goodnewssundayfairfield@gmail.com.

ABOUT US

We hope you enjoyed this newsletter. Prepared by Sofia (10) and Luke (12). To subscribe, email us at goodnewssundayfairfield@gmail.com. Follow us: @GoodNewsSundayFairfield, visit our website at www.goodnewssundayfairfield.com and listen to our podcast on Spotify, Apple, or wherever else you get your Podcast [Good News Sunday Fairfield • A podcast on Anchor](#)

Read, listen, follow and share – Good News Sunday Fairfield.

Have a great Sunday!